

# New Book Alerts

What's New at the Library



Compiled By:

Kumar Sanjay, CLDO

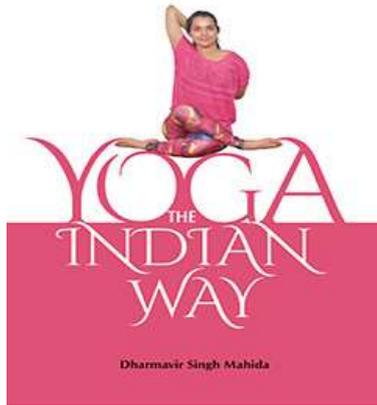
Varsha Satija, LIA

NITI AAYOG  
LIBRARY



## NEW BOOKS ADDED IN THE LIBRARY

### 1. Yoga :The Indian Way/ Dharmavir Singh Mahida



Yoga: The Indian Way is not just another book on yoga. The simplified, yet effective and safe, methods for practising yoga, as shown in its pages, are meant for almost anyone between the ages of 8 and 80 years. They are based on traditional practices. The strength of this method lies in the judicious use of various items such as chairs, blankets or bed sheets, bolsters, cushions, beds, walls and so on, commonly found in every household. The younger generation, sportspersons and athletes have also been kept in mind, with sections on Surya Namaskar and Dynamic Yoga.

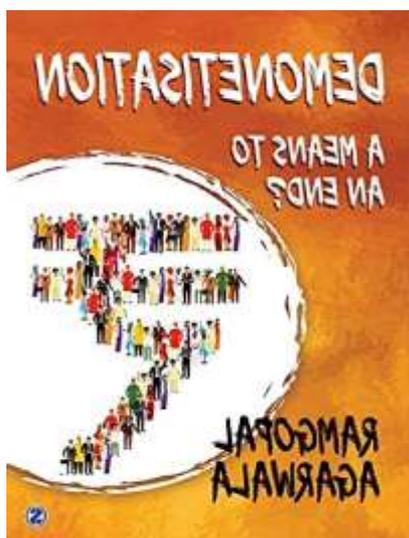
This book provides excellent guidelines to those who want to follow a spiritual path, but are confused as to where and how to start. It is an effort to put the great science and art of yoga in its right perspective by describing its background in simple terms without losing its essence. Chapters on ayurveda, curing ailments, a recommended weekly plan, all help enhance its appeal, making Yoga: The Indian Way an indispensable part of the reader's journey, physical as well as philosophical.

**Pub: Niyogi Books**

**Call No: 181.45 D214Y**

**Accession No:155375**

## 2. Demonetisation: A Means to an End?/ Ramgopal Agarwala



On 8th November 2016, India was caught unaware and shaken to its very roots, when the majority of the currency in circulation became stripped of its value. People were grappling with an entirely unfamiliar situation - 'demonetisation'. The move unleashed a huge debate on television, in newspapers, and on social media, the likes of which had never been seen. Several months later, we are still questioning: Was this a disastrous blunder or a leap forward?

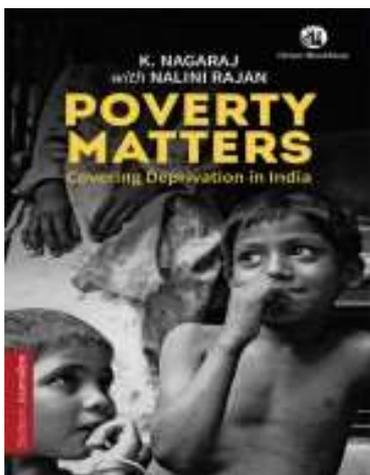
To answer these questions, a renowned economist takes an incisive look at the events that led to demonetisation, the aftermath, and its implications. He sifts through many irrelevant rants, a lot of politically motivated mud-slinging, and asks the most important question: What now, what next?

**Pub: Sage Publication**

**Call No: 332.4954 A261D**

**Accession No:155382**

### **3. Poverty Matters: Covering Deprivation in India/ K. Nagaraj with Nalini Rajan**



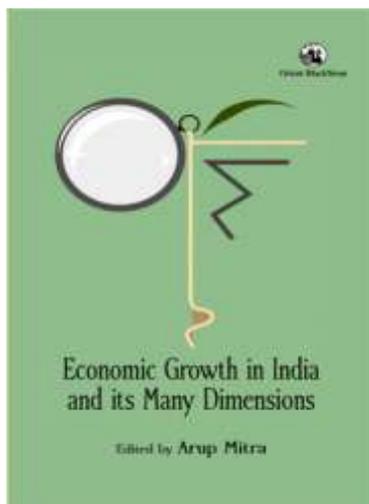
Driven by competitive pressures and commercial considerations, the media rarely covers stories of deprivation today. And when it does, facts, causes and effects often give way to sensationalism, largely because of a lack of understanding of the issue. Poverty Matters brings together a series of lectures delivered by K. Nagaraj between 2000–16 at the Asian College of Journalism, Chennai, as part of the college’s signature course, titled ‘Covering Deprivation’. The book explains why deprivation is not merely economic but also cultural, social and political, and how the removal of deprivation leads to empowerment and access to material goods and welfare benefits. It describes the methods of measuring poverty and argues for the importance of considering various human development indices in studying deprivation. This book envisions a primary role of the media in ensuring that the poor participate fully in the democratic processes of the country. In the last part, it includes an appeal to the Indian government to provide the necessary welfare benefits to the poor, and thereby strengthen the democratic fabric of the nation. By carefully explaining the complicated issues around deprivation in a simple and lucid manner, this book goes beyond addressing students of journalism. Students and scholars of economics, development studies and sociology will also greatly benefit from this work that introduces and broadens the concept of deprivation.

**Pub: Orient black swan**

**Call No: 362.5954 N147P**

**Accession No:155381**

#### 4. Economic Growth in India and its Many Dimensions/ Arup Mitra



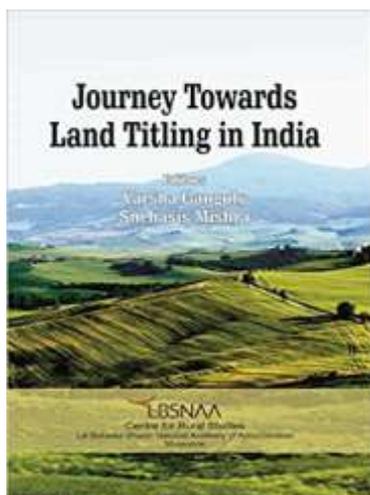
India has posted a high growth rate since liberalisation in the 1990s. But, what does this number called growth rate mean? Has there been uniform growth in all sectors Has there been overall growth across all regions of the country? Have all social groups of people (such as the socio-economically backward, the elderly) been benefitted by this growth? Why is poverty still present to such a huge extent in India? To answer these questions and to discuss the challenges facing us today we need to look at growth and understand its many dimensions. This collection of essays looks at growth along three dimensions: Measurement and methodology (Section 1): Essays on the current statistical system and various econometric models Issues across the various sectors (Section 2): Essays on the performance of manufacturing sector, services sector and food processing sector Inclusivity of growth (Section 3): Essays analysing wage rates, health indicators, development in the North East states and status of elderly in the country

**Pub: Orient black swan**

**Call No: 338.954 M684E**

**Accession No:155372**

## **5. Journey Towards land Titling in India/ Varsha Ganguly**



The edited volume is one of the pioneering publications on land titling. Land symbolises wealth, social identity and status, and power. Land title is a security; however, at present it is a 'presumptive title'. With increasing land acquisition and improper land titling, the major issues faced by the administration are land grabbing, corruption, dispute and other land related conflicts. So it is a matter of high importance for the state as well as the society and citizens of India.

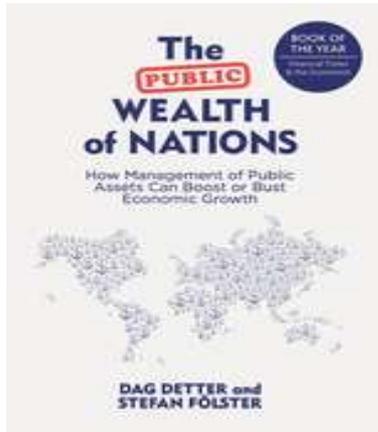
Some unfinished agenda of Indian state, such as redistribution land, survey & settlement of forest lands, Government lands, use of wastelands, etc. also demand conclusive land titling. How do we move forward towards 'conclusive titling' from 'presumptive title' is a central query of this Volume. Neo-liberal state introduced National Land Record Modernisation Programme (NLRMP) in 2008, which incorporates a component of guaranteeing conclusive land titling. Implementation, outcome and impact of NLRMP are varied across different States of India, which has intensified debate on land titling. Various options are available and need to be debated in the context of conclusive land titling, such as whether enacting a law, expediting implementation of NLRMP, adopting Torrens System and suitable modern technology for Survey/Resurvey, Registration, citizen-centric services, integration between different components, etc. This book covers all possible policy and political issues regarding land titling so that the 'journey towards land titling' is smoothed and strengthened.

**Pub: Shipra Publication**

**Call No: 346.043854 G195J**

**Accession No:155391**

6. **The Public Wealth of Nations: How Management of Public Assets Can Boost or Bust Economic Growth/Dag Detter**



We have spent the last three decades engaged in a pointless and irrelevant debate about the relative merits of privatization or nationalization. We have been arguing about the wrong thing while sitting on a goldmine of assets.

Don't worry about who owns those assets, worry about whether they are managed effectively.

Why does this matter? Because despite the Thatcher/ Reagan economic revolution, the largest pool of wealth in the world – a global total that is much larger than the world's total pensions savings, and ten times the total of all the sovereign wealth funds on the planet – is still comprised of commercial assets that are held in public ownership. If professionally managed, they could generate an annual yield of 2.7 trillion dollars, more than current global spending on infrastructure: transport, power, water, and communications.

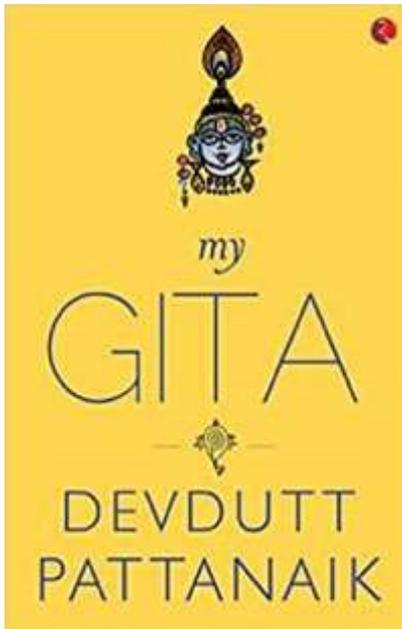
Based on both economic research and hands-on experience from many countries, the authors argue that publicly owned commercial assets need to be taken out of the direct and distorting control of politicians and placed under professional management in a 'National Wealth Fund' or its local government equivalent. Such a move would trigger much-needed structural reforms in national economies, thus resurrect strained government finances, bolster ailing economic growth, and improve the fabric of democratic institutions.

**Pub: Palgrave Macmillian**

**Call No: 336 D479P**

**Accession No:155393**

7. **My Gita/ Devdutt Pattanaik**



The unique feature about Pattanaik's book is that it is written in such a way that it adheres to the background and surroundings of the modern time. The readers of 'My Gita' will be able to connect with the book today because of the contemporary sense in which it has been written. The Gita originally has thousands of verses and the reader today has no time for reading all of them, so Devdutt Pattanaik's takes care of this issue by going through the various themes of the Gita in his book. Krishna and Arjuna's dialogue may seem alien in today's world. But Pattanaik transverses that problem by connecting and adapting the teachings of Krishna to the present times. A world where the self is gaining more and more importance, needs to look towards the world that we live in, needs to understand that we do not live in this world alone, that love and care and meaning are very important for life. Buy this thought provoking book from Amazon.in now.

**Pub: Rupa Publication**

**Call No: 294.52113 P315G**

**Accession No:155399**

## 8. Olympus: An Indian Retelling of Greek Myths/ Devdutt Pattanaik



Olympus is the home of the Greek gods, much like Amravati of the Hindu devas.

- Zeus, leader of Olympians, wields a thunderbolt like Indra and rides an eagle like Vishnu.
- The feats of the Greek hero Heracles, known to Romans as Hercules, reminded many of Krishna, as did his name, 'Hari-kula-asha' or lord of the Hari clan.
- The Greek epic of a husband sailing across the sea with a thousand ships to bring his wife, Helen, back from Troy seems strikingly similar to the story of Ram rescuing Sita from Lanka.

Is there a connection between Greek and Hindu mythology then? Does it have something to do with a common Indo-European root? Or maybe an exchange of ideas in the centuries that followed the arrival of Alexander the Great, when Greek emissaries travelled to the kingdoms of Mathura and Magadha?

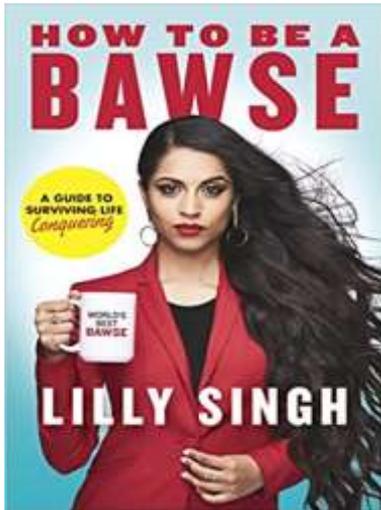
In this book, mythologist Devdutt Pattanaik turns his attention to ancient Greek tales and explores a new world of stories. Long have Europeans and Americans retold Indic mythologies. It is time for Indians to reverse the gaze.

**Pub: Penguin Random House**

**Call No: 823 P3150**

**Accession No:155400**

## **9. How to Be a Bawse: A Guide to Conquering Life / Lilly Singh**



From actress, comedian and YouTube sensation Lilly Singh (aka Superwoman) comes the definitive guide to being a BAWSE - a person who exudes confidence, reaches goals, gets hurt efficiently, and smiles genuinely because they've fought through it all and made it out the other side.

Told in her hilarious, bold voice that's inspired over 9 million fans, and using stories from her own life to illustrate her message, Lilly proves that there are no shortcuts to success.

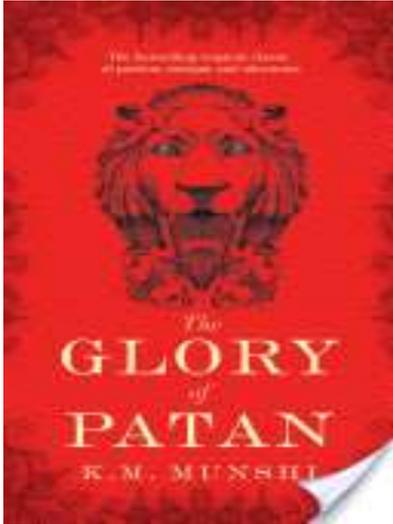
Warning: This book does NOT include hopeful thoughts, lucky charms, and cute quotes. That's because success, happiness and everything else you want in life needs to be fought for - not wished for. In Lilly's world, there are no escalators. Only stairs.

**Pub: Penguin Random House**

**Call No: 646.7092 S617H**

**Accession No:155407**

10. **The Glory of Patan/ K M Munshi**



The kingdom of Patan faces an ominous future. King Karnadev lies on his deathbed. His son, Jaydev, is too young to ascend the throne. Rumours abound of scheming warlords intent on establishing their own independence and powerful merchants plotting to wrest control from Patan Fort. There is also the shadowy monk Anandsuri and his vision to unite Patan under one religion: Jainism. In the eye of this gathering storm are Queen Minaldevi and the shrewd chief minister Munjal Mehta. Both have striven to maintain order in Patan and ensure that Jaydev's succession is secure. But the attraction between them is threatened by betrayal and intrigue, with dramatic consequences for the future of Patan. A sprawling, fast-paced saga in the oeuvre of Alexandre Dumas, The Glory of Patan is the first book in an epic trilogy about the exploits of the magnificent Chalukya dynasty at a crucial period in the history of Gujarat.

**Pub: Penguin Random House**

**Call No: 823 M969G**

**Accession No:155409**